

## **Congo Medical Supplies**

**Gauze Squares** (customs value 1 cent each) 3'x3" and 4'x4' are a high priority need.

### **Midwife Kits:**

1. One 36" square of muslin
2. Two 20" x 30" towels (absorbent cotton or linen toweling), old tablecloths or flour sacks.
3. Two light-weight wash cloths
4. Ten six-inch lengths of selvedge for cord tie
5. Two bath size bars of Ivory soap (non-perfumed, non-drying)
6. One package double-sided razor blades
7. All items must be packed in a two-gallon Ziploc bag  
(customs value \$3.75)

### **Baby Layette:**

1. Jacket: Newborn sizes (5 -7 ½ pounds) short length, flannel or any washable material (do not use brushed nylon)  
One yard of 36" fabric will make three jackets.
2. Bonnets: use same type of material as jacket. Patterns for bonnet and jacket are available from Covenant Resource Center 1-800-338-IDEA  
Sample Patterns for Jacket & Bonnet
3. Blanket: Use same type of material as jacket. One-yard square, hemmed.  
(customs value \$1.90)

### **Bandages:**

Roll bandages from used sheets (both colored and white). Materials should be lightweight, smooth, soft and absorbent. Old cotton, linen or polyester perma-press sheets, pillowcases and tablecloths with no holes, patches or stains are recommended. Avoid flannel however, which is too bulky and difficult to rip. Check with hotels or hospitals for possible supply of sheets.

- Remove all hems and selvages: Tear lengthwise into strips 2" to 5" wide. Strips of the same width should be sewn together to make bandages from 3 yards to 5 yards long. To do this sew end to end with the ends overlapping 1". Use small running stitches or machine sew. Joined ends should not have any folds for tucks.
- Roll as tightly as possible. Finished rolls can be fastened with safety pins, rubber bands, string or selvedge. Pack bandage rolls of the same with together in a plastic bag.  
(customs value \$.05 each)